

VOLTS NEWSLETTER

Valuing Our Lives Through Safety

May 2022, Volume 102

Casey Draper, Facilitator

Amy White, Editor

Safety in Action Conference Recap—Casey Draper

Several members of the VOLTS Steering Committee attended the 35th annual Safety in Action Conference held in Dallas, Texas, during the week of May 9. The theme for this year's conference was "Safety



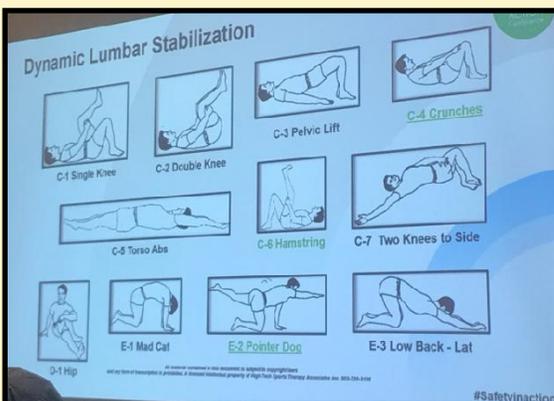
understanding the capacity one's body can tolerate before an injury occurs. These concepts can be used to help prevent injuries related to many arduous tasks. "Because, if you can't engineer out the problem, you need to build up the capacity of the

worker" (Grace Thai, May 2022). While at the conference, the VOLTS Steering Committee learned from industry leaders and connected with safety professionals from around the world. The conference included workshops and sessions across a variety of safety-related topics emphasizing practical application, employee engagement, and continuous improvement for the **Valuing Our Lives Through Safety (VOLTS) Behavior Accident Prevention Process (BAPP)**.

Pre-Conference Development

During the multi-day Pre-Conference Development Workshop, members of the VOLTS Steering Committee were instructed on how to keep the VOLTS process on track and moving forward. They were taught the importance of keeping steering committee members' skills at a high level and sharing their knowledge as the VOLTS BAPP matures.

Ergonomic and soft tissue injury prevention was another



focus for the VOLTS Committee. During a workshop, they learned about the nine load factors and

worker" (Grace Thai, May 2022).

The importance of observing for protective behaviors was discussed in another class including:

- ◆ Aligning joints
- ◆ Assessing the load
- ◆ Employing mechanical assistance whenever possible
- ◆ Engaging in fluid motions
- ◆ Seeking relief
- ◆ Utilizing PPE to cushion or protect



Safety Showcase

The conference itself kicked off with a high energy safety showcase and reception. During the showcase, the VOLTS Steering Committee shared how IPSC employees **Value Our Lives Through Safety** with organizations from a broad spectrum of industries. They discussed the results of our improved safety culture and safety milestones over the past nine years. Throughout the evening, the VOLTS Committee had the opportunity to talk about best practices, learn new ideas, and connect with other safety leaders from multiple utility companies as well as companies from the mining and chemical industries.

Safety in Action Conference Recap—Casey Draper (cont.)



At the beginning of the conference session, keynote speaker Colette Carlson presented some outstanding material about the importance of connecting on a human level... even during the

most challenging of times. She highlighted concepts about the importance of connecting with people on deeper levels and creating an environment where people thrive. “Your success depends on your ability to connect,” she stated, “(and you should emphasize) checking in with people not checking up on them.” I could not agree more and can’t think of a better way to improve relationships between people and drive a strong safety culture!

Conference Tracks

The two-day conference agenda was divided into categories which the Steering Committee members attended according to areas of personal interest. Conference tracks included:

- ◆ Exposure Reduction
- ◆ Improving Human Performance Reliability



- ◆ Industrial Ergonomics
- ◆ Serious Injury & Fatality Prevention
- ◆ Workforce Well-Being

Once the track sessions were completed, the VOLTS Committee held a roundtable meeting to discuss the highlights and key concepts to share with IPSC employees. Many of the highlights involved developing better communication and improved coaching plans for supervisors and employees on the BAPP technology.

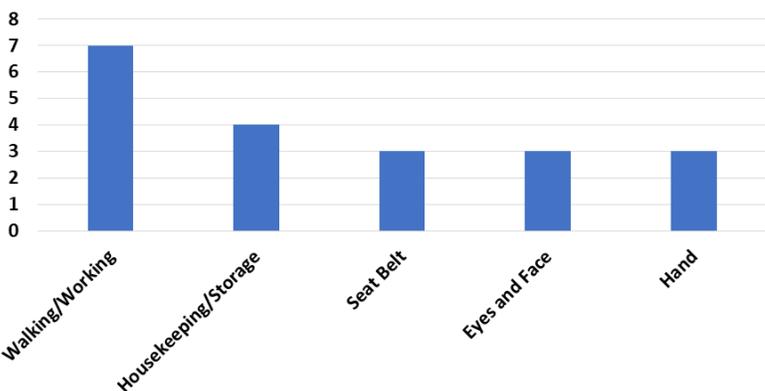


Improving alignment with the Central Safety Committee and IPSC Health and Wellness Committee were also suggested.

In conclusion, the Safety in Action Conference was a success and the VOLTS Steering Committee is excited to share their new perspectives on safety and safety culture with everyone in the IPSC organization. We’re grateful to the IPSC Management for their continued support and appreciate each individual’s support and engagement in the VOLTS process. With a refocused and recharged outlook, we look forward to the upcoming months and hearing from others about their **Why!**

VOLTS Data Report—Casey Draper

April 2022 Top 5 At-Risk Exposures Observed



Total April Observations: **370**

IPSC Employee Contact Rate: **1.09**

